

Mandatory

You must make a total of 6 support while in the program

2017

PRE-POST SUPPORT GROUP SCHEDULE

ALL SUPPORT GROUPS WILL BE HELD AT STAY HEALTHY IN OAKDALE MALL Outside of Sears Mall entrance

EVENINGS Stay Healthy Oakdale Mall 6-7 pm	EVENINGS Stay Healthy Oakdale Mall 6-7 PM	AFTERNOONS Stay Healthy Oakdale Mall 12-1 PM
Jan 5	Jan 26	Jan 18
Feb 2	Feb 23	Feb 15
March 2	Mar 23	March 15
Apr 6	Apr 27	April 19
May 4	May 25	May 17
June 1	June 22	June 21
July 6	July 27	July 19
Aug 3	Aug 24	August 16
Sept 7	Sept 28	Sept 20
Oct 5	Oct 26	October 18
Nov 2	Nov 30	November 15
Dec 7	Dec 28	Dec 20

Please note: We will do our best to notify you of any changes in our support group schedules through announcements at support groups or on our website: stscny.com and UHS.net

All support groups are open to anyone, whether you had weight loss surgery at UHS Weight Bariatric Program or somewhere else.

As of January 2017, please go online to get new 2017 schedules. They will be posted on: stscny.com (surgeons office) and UHS.net